



MARTIAL ARTS

JK MARTIAL ARTS NEWSLETTER

May

2018

"It always seems impossible until it is done."

Nelson Mandela

CUSTOMIZED AND
ADAPTED TO YOU

TESTING

Congratulations to those who earned new belts recently: *Jack G, Peyton, Ciaran, Damien, Elan, Virginia, Henry, Lucas, Evan*

NO KARATE

Sat., May 26, Mon. May 28
Have a fun Memorial Day!

VIDEOS

We have videos of the forms and belt tying. If a video will help you, let us know. We'll email the link to you. They are not to be shared with others.

SIGN IN TO CLASS

Students, please write your name on the sign in sheet when you come to class.

TOURNAMENT SCHEDULE

- April 28, Owatonna
- Oct 5, 6 Diamond Nationals, Minneapolis

Class Schedule

Robbinsdale

Monday:

Beginner: 6:00-6:45
Intermediate/Advanced: 6:45-7:30

Thursday:

Beginner/Intermediate: 6:00-6:45
Intermediate/Advanced: 6:45-7:30

Saturday:

Beginner: 9-9:45
Beginner/Intermediate: 9:45-10:30
Advanced: 10:30-11:15

Woodbury

Tuesday:

Advanced: 5:30-6:15
Intermediate: 6:15-7:00
Beginner: 7-7:45

Saturday:

Beginner/Intermediate: 12:30-1:15
Advanced: 1:15-2

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RESPECT DISCIPLINE HONOR HUMILITY
