



MARTIAL ARTS

JK MARTIAL ARTS NEWSLETTER

January

2019

Persistence: We cannot go back and make a new start, but we can start now to make a new ending.

Successories

CUSTOMIZED AND
ADAPTED TO YOU

TESTING

Congratulations to those who earned new belts:

Woodbury: Gabriel J.

Robbinsdale: Dom, Noah L.

REFERRALS

- We have room for beginning students in both dojos.
- Invite your friends, family (parents too), classmates.
- Tell your therapist, doctor, teacher about your success.

TOURNAMENT SCHEDULE

- Jan 18, 19, Warriors Cup, Chicago Ill.
 - February 24, Twin City Rumble
- Ask Sensei or Ms. Joyce for coaching. Ms. Joyce was a National Champion in 2008.*

Class Schedule

Robbinsdale

Thursday:

Beginner 5:45-6:30

Intermediate/Advanced 6:30-7:15

BB 7:15-8:00

Saturday:

Beginner 9-9:45

Intermediate 9:45-10:30

BB/Advanced 10:30-11:15

Woodbury

Monday:

Beginner 5:45-6:30

Intermediate/Advanced 6:30-7:15

Saturday:

Beginner/Intermediate 12:30-1:15

BB/Advanced 1:15-2

Sensei Peri Stephens

612-360-8384

Sensei@JK-martial-arts.com

Director, Ms. Joyce Brekke

612-703-3348

Sensei@JK-martial-arts.com

RESPECT DISCIPLINE HONOR HUMILITY