



MARTIAL ARTS

# JK MARTIAL ARTS NEWSLETTER

October

2025

Theory of 5 P's:

Patient Persistence Promotes Perfect Performance.

CUSTOMIZED AND  
ADAPTED TO YOU

## SCHOOL CLOSURE DATES

- Robbinsdale: Saturday October 25
- Both Dojo: Nov 27 and 29 Holiday  
December 22-Jan 2 Winter Break

## CLASS TIME CHANGES

Woodbury: Saturday 1:30 Black Belt Class

## HALLOWEEN FUN

Wear your costume in class Oct 27, 30 or Nov 1.  
You do a trick for a treat!

## LOCAL TOURNAMENTS

*Let Sensei know if you intend to compete.*

*Free coaching from Sensei. [www.nckablackbelt.com](http://www.nckablackbelt.com)*

- Diamond Nationals Oct 10, 11 Minneapolis
- NCKA Finals, November in Fridley

## BLACK BELT TESTS

Students who have earned your **Red** or **Brown** Belt can start thinking about testing for your **Black Belt**. The next test dates will be on or around the following dates.

January 3, March 28, June 13, in 2026

Please talk to me about what date fits your life schedule.

### Class Schedule

#### Robbinsdale

##### **Thursday:**

Beginner/Intermediate 5:45-6:30  
Advanced/Black Belt 6:30-7:15

##### **Saturday:**

Beginner 9:30-10:15  
Advanced 10:15-11:00  
Intermediate 11:00-11:45

#### Woodbury

##### **Monday:**

Privates 4:30- 5:45  
Intermediate/Advanced 5:45-6:30

##### **Saturday:**

Advanced 12:45-1:30  
Black Belt 1:30-2:15

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RESPECT DISCIPLINE HONOR HUMILITY