



MARTIAL ARTS

# JK MARTIAL ARTS NEWSLETTER

November

2025

Teachers open the door, but you must enter by yourself.

anonymous

CUSTOMIZED AND  
ADAPTED TO YOU

## SCHOOL CLOSURE DATES

- Robbinsdale Only Closed: Saturday October 25
- Woodbury Only Closed: Saturday Nov 1
- Both Dojo Closed: Nov 27 and 29 Holiday  
December 22-Jan 2 Winter Break

## HALLOWEEN FUN

Wear your costume in class Oct 25, 27, 30 or Nov 1.  
You do a trick for a treat!

## LOCAL TOURNAMENTS

*Let Sensei know if you intend to compete.*

*Free coaching from Sensei. [www.nckablackbelt.com](http://www.nckablackbelt.com)*

- NCKA Finals, November 16<sup>th</sup> Hopkins Middle School

## BLACK BELT TESTS

Students who have earned your **Brown** Belt, start thinking about testing for your **Black Belt**. The next test dates will be on or around the following dates.

January 3, March 28, June 13, in 2026

Please talk to me about what date fits your life schedule.

It is smart to start making up your three forms for testing:

- 1- Open hand
  - 2- Weapons
  - 3- Musical
- Each 45 seconds long using the Shorei-Ryu moves you have learned in JKMA.

## Class Schedule

### Robbinsdale

#### **Thursday:**

Beginner/Intermediate 5:45-6:30

Advanced/Black Belt 6:30-7:15

#### **Saturday:**

Beginner 9:30-10:15

Advanced 10:15-11:00

Intermediate 11:00-11:45

### Woodbury

#### **Monday:**

Privates 4:30- 5:45

Intermediate/Advanced 5:45-6:30

#### **Saturday:**

Advanced 12:45-1:30

Black Belt 1:30-2:15

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RESPECT DISCIPLINE HONOR HUMILITY